



Opens Rugby Information Sheet 2019

Coaching Staff Contact Details:

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4 th XV:	Mr Munday	bmunday@oakhill.nsw.edu.au

If you are unable to attend training session or a game, it is expected that you make contact with your coach to inform them of the situation. ALL STUDENTS are expected to be present at each training session.

TERM 1: TRAINING DETAILS

- Training days **Tuesday** and **Thursday** (1st and 2nd XV Damien Oval) (3rd and 4th XV Hermann Oval)
- All Oakhill Rugby Playing gear can be purchased from the uniform shop.
- All boys will require full playing gear for the first fixture v Knox College on Saturday 30th March.
- Meet at **Hermann Oval** at the start of each training session.
- Students changed and ready for training at 3.30. Training finishes at 5pm
- It is expected that all players wear a mouth guard during training sessions and is the student's responsibility to ensure they have it with them.
- Parents and Players should check the College website for game times. Unfortunately, we are unable to indicate games times well in advance as fixtures are placed on the College website at the beginning of each week. Click Link to Fixtures.
- It is important that any player who registers to play Rugby for Oakhill be committed to attend two trainings per week.

<https://www.oakhill.nsw.edu.au/sport/fixtures/> (this link will need to be refreshed each time you visit the page)

Tuesday 19th March –	First Training Session for 2019 Revision of Mayday and Skills Session
Thursday 21st March	Catch and Pass, Tackling, Rucking and Mauling (session 1)
Tuesday 26th March -	Internal Trials / Grading Day (3rds and 4ths) PLEASE BRING TWO JERSEYS
Wednesday 27th March -	Teams selected for Knox Fixture
Thursdat 28th March -	Training in selected teams for game v Knox
Saturday 30th March -	Game v Knox (Trial) (Check website for game times)
Tuesday 2nd April -	Normal Training
Thursday 4th April -	Normal Training
Saturday 6th April -	Game v Barker (Trial) (At Barker)
Tuesday 9th April -	Normal Training
Thursday 11th April -	Normal Training